

# Your COVID-19 vaccination appointment.



<<Date>>

Dear <<Firstname>>

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## **COVID-19 Vaccination Programme**

You are now being offered the vaccine that will protect you from COVID-19. Getting the COVID-19 vaccine is one of the most important reasons for leaving your home.

Please note that **two doses** of the vaccine are required and so it is essential that you attend **both** appointments.

### **Your COVID-19 vaccine appointment details are:**

Place of Vaccination: <<venue>>

First Vaccination will take place on date <<custom1>> time <<time1>>

Second Vaccination will take place on date <<custom2>> time <<time2>>

Helping to fight COVID-19 starts with all of us. So please, attend the vaccine appointment you have been offered or telephone the Aberdeenshire Immunisation Contact Centre on 0330 128 9919 between Operating hours: 0830-1630 Monday to Friday

You do not need to call to confirm your attendance.

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## Important Information

Please arrive as close to your appointment time as possible and bring this letter with you.

You are expected to make your own way to the vaccination centre. Going to your appointment is classified as essential travel so you can car share with a friend or relative if required – remember to wash your hands before and after, keep your distance, wear a facemask and keep the car windows open.

[Coronavirus \(COVID-19\): guidance on travel and transport - gov.scot](https://www.gov.scot/government/department/health-and-social-care/coronavirus/coronavirus-guidance-on-travel-and-transport)

To minimise the risk of spreading the virus, we should all stay at home as much as possible and avoid unnecessary travel. By law, in a level 4 area, you can only leave your home (or garden) for an essential purpose.

[www.gov.scot](https://www.gov.scot)

If you want to find out about public transport go to the Traveline Scotland website on [www.travelinescotland.com](https://www.travelinescotland.com) or call them on 0871 200 2233. You can check the latest Stagecoach timetables at [www.stagecoachbus.com/promos-and-offers/national/covid-temporary-timetables](https://www.stagecoachbus.com/promos-and-offers/national/covid-temporary-timetables) If you are struggling to work out how to get to your appointment you can call THInC on 01467 536111 or email [travel@thinc-hub.org](mailto:travel@thinc-hub.org) for advice

If you are driving to the appointment, you will be asked to wait 15 minutes before driving again.

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Please attend on your own unless you require the assistance of a carer. A carer may attend the appointment with you for support and both you and your carer should wear a face covering.

If you or a member of your household displays any symptoms of Covid-19 such as a new continuous cough, fever of over 37.8 °C or loss of sense of taste or smell, please do not attend this appointment. Instead isolate according to current Scottish Government guidance and rearrange the appointment once you are well.

Please contact the [name of call centre and telephone number] to rearrange your appointment if any of the following apply: -

- you have had COVID-19 infection less than 4 weeks prior to your appointment
- you are participating in a clinical trial of COVID– 19 vaccine
- you have had any other vaccination in the 7 days before your appointment,
- you have been advised to self isolate or if you are awaiting the result of a COVID-19 test.

The purpose of your appointment is to attend for a COVID-19 vaccination. Please do not ask the vaccinators about other health concerns.

## **Reduce your risk of getting COVID-19**

The vaccine is the best way to protect yourself from COVID-19. With high rates of COVID-19 around, it's more important than ever to stop the spread of COVID-19.

## **How does the vaccine work?**

The COVID-19 vaccine does not cause COVID-19. It helps to build up your immunity to the virus, so your body will fight it off more easily if it affects you. This can reduce your risk of developing COVID-19 or, if you do get COVID-19, it can make the symptoms milder.

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## **Is the vaccine safe?**

NHS Scotland will only use a vaccine if it meets the required standards of safety and effectiveness. The Medicines and Healthcare products Regulatory Agency (MHRA) has approved COVID-19 vaccines for use in the UK.

## **Further information**

For general information about the coronavirus vaccine and its delivery, please visit [www.nhsinform.scot/covid19vaccine](http://www.nhsinform.scot/covid19vaccine) or call **0800 030 8013** (available 8am–8pm, 7 days a week). Please note this is a general information line and it will not be possible to book or change your vaccination appointments via this helpline.

**This letter is also available in large print and other formats and languages, upon request.**